

ASTERIKS CUP
10
ANNIVERSARY



16-17th MAY 2026
NIS - SERBIA



RECOGNIZABLE EVENT OF TAEKWONDO IN EUROPE!



ASTERIKS CUP

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ANNIVERSARY

Dear Friends,
Dear Taekwondo Family,

We are proud to invite you and your athletes to participate in the **10th ASTERIKS Cup**, which will be held in Nis - Serbia on **May 16-17th 2026**.

We hope that we can welcome you to participate in **10th ASTERIKS Cup** Taekwondo tournament and we guarantee high level organization and fair play.

Taekwondo Club ASTERIKS wishes good luck to all participants and we hope that all of you will have a wonderful time and a pleasant stay in our city.

Sincerely Yours,
Vladan Nikodijević
(President of Taekwondo Club ASTERIKS)



01

Sports Hall "CAIR" Nis - SERBIA

16/17th MAY 2026.

Date: Saturday and Sunday 16-17.05.2026.

Place: Sports Hall "CAIR", 9. Brigade, 18000 Nis - Serbia

Organizer: Taekwondo Club ASTERIKS, Vojvode Misica 111, Nis

Technical organizer: TAS - Taekwondo Association of Serbia

Information: Vladan Nikodijevic
mob: +381 69 28 39 213
mail: tkasteriks@yahoo.com

Applications: Online: <http://www.tkd-reg.com>
Deadline: Sunday, 10th May 2026. until 23:59
Changes allowed: Monday, 11th May 2026. until 11:59
No applications will be accepted after the deadline.

Entry fee:	Kyrougi	60 € per competitor
	Poomsae	60 € one discipline 70 € two disciplines 80 € three and more disciplines
	Kyrougi + Poomsae	80 € one discipline 90 € two disciplines 110 € three and more disciplines

The entry fee is payable in cash during registration.

Weigh-in: 15th May **14:00 - 18:00h** Sports hall CAIR - (all athletes)
16th May **14:00 - 16:00h** Sports hall CAIR - (athletes compete on sunday)

No weigh-in on competition day

Change of category will be possible during the registration and weigh-in with an additional fee of 30€ for each change.

Awards: 1st place - gold medal and diploma
2nd place - silver medal and diploma
3rd place - bronze medals and diplomas

Trophies are awarded to teams for the overall first, second and third place.
Trophies and special award for the best children, cadet, junior and senior.

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10th ASTERIKS Cup

Taekwondo Tournament



Liability: All competitors participate at their own risk. The online registration implies that the competitors agree to assume all responsibility for themselves and to release all other parties from any and all liability which may directly or indirectly result.

Registration Conditions: National membership identification card or a passport is a compulsory document for registration. Competitors must present evidence of a medical check-up no older than six months.

Protest: Only head of team have all rights to protest immediately after match. Protest fee of 50 € – is to be paid for every protest.

TIMETABLE:

Friday 15th May 2026.

12:00 - 18:00h Registration for all clubs

Saturday 16th May 2026. (children all categories)

08:30 - 09:00h Coaches and Referee meeting

09:00 - 13:30h Competition Kyorugi

13:30 - 14:00h Official opening ceremony

14:00 - 18:00h Competition Kyorugi

18:00 - 20:00h Final matches and award ceremony

Sunday 17th May 2026. (cadets/juniors/seniors and poomsae)

Timetable is the same like saturday

****TIMETABLE IS SUBJECT TO CHANGE****

KYORUGI

Scoring: **DaeDo** (all categories)

VIDEO REPLAY
class A

ATTENTION

Children / Cadets - **A / B class**
Juniors / Seniors - **A / B class**

Head Referee: Vladan Novakovic
mob: +381 61 61 60 873
e-mail: vlada.tkd@gmail.com

Equipment:

- The official WT Competition Rules will be used. The tournament will be based on a Single Elimination.
- All players competing will be provided with **DAEDO** electronic body protectors and E-Head Gear for their matches.
- All children (A and B class) using Head Gear with mask.
- All competitors must bring their own sensor socks.
- All age groups have A-class (standard rules - with kicks to the head), and B-class (kicks to the head are NOT allowed).
- All competitors must have registered medical exam not older than six months in order to participate.

A class: competitors with a minimum rank of 4th geup.

B class: competitors with a rank from 9th to 5th geup.

Age category:	Children I	(8-9 year)	2017 – 2018
	Children II	(10-11 year)	2015 – 2016
	Cadets	(12-14 year)	2012 – 2014
	Juniors	(15-17 year)	2009 – 2011
	Seniors	(over 17 years)	2009 and older

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10th ASTERIKS Cup

Taekwondo Tournament



ATTENTION

Each athlete can participate in only one class (A or B)
and only one age group.

Weight category:

Children I (m/f)	8-9 year	-21 -23 -25 -27 -29 -31 -33 -36 -39 -43 +43
Children II (m/f)	10-11 year	-27 -30 -33 -36 -40 -44 -48 -52 -57 +57
Cadets (f)		-29 -33 -37 -41 -44 -47 -51 -55 -59 +59
Cadets (m)		-33 -37 -41 -45 -49 -53 -57 -61 -65 +65
Juniors (f)		-42 -44 -46 -49 -52 -55 -59 -63 -68 +68
Juniors (m)		-45 -48 -51 -55 -59 -63 -68 -73 -78 +78
Seniors (f)		-46 -49 -53 -57 -62 -67 -73 +73
Seniors (m)		-54 -58 -63 -68 -74 -80 -87 +87

Match duration:

Children I	(8-9 year)	3 x 1 min with 30 sec.rest
Children II	(10-11 year)	3 x 1 min with 30 sec.rest
Cadets	(12-14 year)	3 x 1,5 min with 30 sec.rest
Juniors	(15-17 year)	3 x 1,5 min with 30 sec.rest
Seniors	(17 and over)	3 x 1,5 min with 30 sec.rest

POOMSAE

Equipment:

- The contestants compete in taekwondo dobok, which MAY or MAY NOT be official. It is allowed to wear the standard taekwondo dobok.
- GAL/GOL license is not required for participation.

Scores will be given by 3 referees, with exclusion of highest and lowest marks in both accuracy and presentation marks.

A Class – Categories and rules

Method of Competition – Recognized Poomsae

- Single Elimination Tournament System:

Competition shall be conducted in a single elimination tournament. Designated Poomsae shall be randomly selected and shown through monitor on Field of Play before the match begins.

- Individual Categories:

Contestants shall perform two (2) randomly selected Poomsae. Both Chung and Hong players perform their assigned Poomsae simultaneously (side by side).

- Pair and Team Categories:

Contestants shall perform two (2) randomly selected Poomsae. Chung and Hong players perform designated Poomsae one by one (not side by side).

- Before each match starts, two (2) designated Compulsory Poomsae will be displayed on the monitor at the Field of Play. All divisions must perform these for the preliminary, semi-final, and final rounds in all competitions.

- Note:

The organizer reserves the right to reduce the number of Poomsae to be performed in the preliminary rounds to one (1) Poomsae.

- A certain number of athletes may be seeded based on their ranks in the WT world ranking, according to the guidelines stipulated in the WT World Poomsae Ranking. If an athlete has no ranking points, he or she will not be seeded and will be placed in a random draw. Medals shall be awarded to the top four (4) contestants.

- Ending Position:

The new WT rules and regulations stipulate that there are no deductions in poomsae performance for ending positions that differ from the starting position.

Article 8 Designated Compulsory Poomsae by division among Recognized Poomsae

	Division	Compulsory Poomsae
개인 Individual	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak
	Junior Division	Taegeuk 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon
	Under 30	Taegeuk 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae
	Under 40	
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon
	Under 60	Koryo, Keumgang, Taebak Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Under 65	
	Over 65	
복식 Pair	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak
	Junior Division	Taegeuk 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon
	Under 30	Taegeuk 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Choenkwon
	Under 60	Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Over 60	
단체 Team	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak
	Junior Division	Taegeuk 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon
	Under 30	Taegeuk 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Choenkwon

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Taekwondo Tournament



B Class – Categories and rules

INDIVIDUAL (M/F)	AGE CATEGORY	GRADE	POOMSAE	
			preliminary	final
CHILDREN 1	8-11 years old (2015-2018)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
CADETS 1	12-14 years old (2012-2014)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
JUNIORS 1	15-17 years old (2009-2011)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
SENIORS 1	18-30 years old (1996-2008)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 8 Jang
SENIORS 2	31-40 years old (1955-1995)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
MASTERS 1	41-50 years old (1976-1985)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
MASTERS 2	51-60 years old (1966-1975)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
MASTERS 3	61-65 years old (1961-1965)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
MASTERS 4	Over 66 years (-1960)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang



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DON'T BE A GUEST BE A WINNER!**



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